

First Name: *Gary* ..... From (optional): *Divernon* .....

Surgery Date: *03/18/2013* ..... Weight Loss (number of pounds): *100* .....

Improvements in health (i.e. off blood pressure medications, no longer diabetic, etc.): .....  
*No longer have sleep apnea. Reduced medications. Able to manage my Multiple Sclerosis better*  
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1. What was your motivation to pursue surgery?

*In 2012 my younger brother was in ICU for 5 weeks before he died of liver failure. I vowed that if there was anything I could do to improve my health and not put my family through that agony again I would do it. In 2013 my wife and I will celebrate our 25 wedding anniversary. In November 2013 I will turn 50 years old.*  
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2. What were your goals at the start of the program/process?

*To live a healthier lifestyle and get my body back in the shape I needed it to be.*  
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3. What are your biggest accomplishments?

*I feel much better and I am healthier. My stamina and endurance are better. I have lost 100 pounds and dropped from a 44" waist to a 36" waist. My family is proud of my accomplishments and do not worry about my health as much. I can now better manage my Multiple Sclerosis.*  
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4. What message would you give to someone just starting out in the program/process?

*Don't be afraid of the process. It is a lifestyle change that can save you're your life. Use others like myself that have been through the process.*  
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5. How is life different now compared to life prior to your experience with Memorial Bariatric Services?

*I have more energy now and can do many of the things that were not possible before surgery. My life does not revolve around food that way it did before. My wife can get her arms around me when she hugs me now. That means more to me than you can realize.*  
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